



## 2025 HER SPORTS Awards Description

Award	Description
<b>Assistant Coach of the Year</b>	Honors an exceptional woman assistant coach for her dedication, leadership, and commitment to empowering young athletes through growth, teamwork, and inspiration on and off the field.
<b>Breaking Barriers Award (new 2025)</b>	Honors a female athlete who, despite facing limits by disability, demonstrates unwavering determination, resilience, and a relentless drive to succeed. This award celebrates, excels in her sport, and inspires others through her courage and perseverance, proving that no obstacle can stand in the way of her passion and dedication.
<b>Female Coach of the Year</b>	Honors an outstanding woman coach who exemplifies leadership, inspires athletes, and fosters growth, teamwork, and excellence both on and off the field.
<b>HUSTLE Award</b>	Better known as the Female Athlete of the Year, celebrates a standout athlete who embodies the core values of HER SPORTS. This nominee practices healthy living habits, gives back to her community, demonstrates exceptional sportsmanship, excels academically, respects others, and thrives as a multi-sport athlete.
<b>Male Supporter Award</b>	Honors recognizes an individual who is highly involved, supportive, respected, and actively engaged in advancing girls' sports. The nominee may be a coach, parent, official, or administrator.
<b>Player of the Year</b>	Honors the most outstanding player of the season, celebrating their exceptional skills, leadership, and game-changing impact. This coveted accolade represents the highest level of individual achievement across sports, including Basketball, Field Hockey, Lacrosse, Soccer, Softball, Swimming, Tennis, Track & Field, and Volleyball.
<b>Rising Star Award</b>	Honors a 6th, 7th, or 8th grade female athlete who demonstrates leadership on and off the field, excels academically, and shows promise as a future "WATCHLIST" athlete.
<b>Team Choice of the Year</b>	Honors a team who exemplify teamwork, perseverance, and excellence. This team demonstrates strong leadership, sportsmanship, and unity while achieving success both on and off the field.